ACTIVITY

Great Martyr Demetrius — What Is a Martyr?

SAINT SERGIUS SCHOOL

COURAGEOUS WITNESS

Christian courage means doing what is right with love and wisdom.

TELLING THE TRUTH

You accidentally break something. How should you respond?

HELPING SOMEONE

A classmate is being bullied. What safe, loving action can you take?

RESPONDING WITH KINDNESS

Someone mocks you for praying. How can you answer calmly?

MY COURAGEOUS WITNESS

Write or draw one way you can show truthfulness, courage, or kindness this week.

Ask a trusted adult for help whenever you feel unsafe.